



Xenophon Therapeutic Riding Center is a 501(c)3 nonprofit organization located in Orinda that provides horseback riding lessons to children with mental and physical disabilities in a safe and secure environment. In a beautiful rural setting, we offer life-changing experiences for children with a wide range of disabilities. Focusing on enhancing each student's unique abilities and using the motion of the horse to improve specific skills, our children achieve goals that they never dreamed possible. With a horse as their guide, they gain self-esteem, confidence, mobility and balance. All of this takes place in a friendly, supportive atmosphere where students can make great strides, not only on horseback but also in the world outside the arena.



Xenophon's staff includes eight therapeutic riding instructors registered by the North America Riding for the Handicapped Association (NARHA). Along with a cadre of enthusiastic volunteers, they work with Xenophon's six horses—all trained to accept the adaptive equipment necessary for our children's success. In 2008, Xenophon gave a total of 720 lessons to 40 students. Over three six-week sessions offered five days a week, more than 60 volunteers donated 2,500 hours of service. Our season runs from June through October. We are currently deep into the planning for a covered arena that will allow us to expand our season and accommodate more students and winnow down our waiting list—which we have always had due to the popularity of our program.



For additional information, visit our website: www.xenophontrc.org or contact our Executive Director and Founder: Judy Lazarus at jlazarus@xenophontrc.org

